

FRYE Functional Health Center
Patient Health Questionnaire

MAIN HEALTH ISSUES/COMPLAINTS

Please list the top 5 reasons for seeking care in our office:

1.
2.
3.
4.
5.

MUSCULOSKELETAL COMPLAINTS

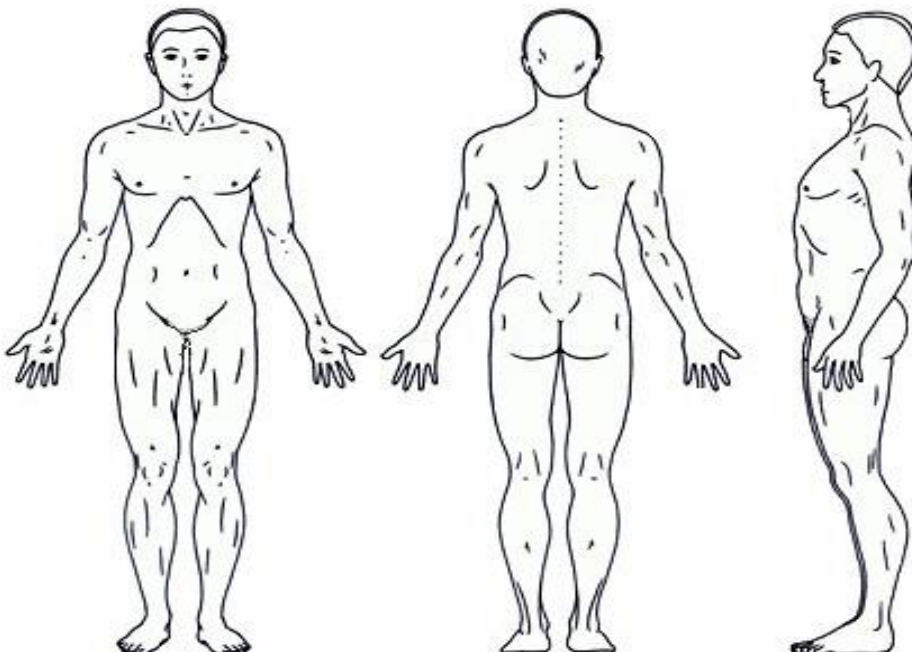
Complaint(s):

When did it begin? Is the condition getting progressively worse?
 How did it begin?
 How often do you experience the issue (pain/discomfort/etc.)?
 Is it constant or does it come and go?
 On a scale of 1 (least amount of pain) to 10 (most severe pain), what would you rate the pain? Circle one: 1 2 3 4 5 6 7 8 9 10
 Does anything make it feel better? If so, what?
 Does anything make it feel worse? If so, what?
 Does it interfere with any of the following? Circle those that apply: Work Sleep Daily Routine Recreation
 Please circle those activities that are difficult/painful/uncomfortable to perform due to this condition:
 Sitting Standing Walking Bending Lying Down Turning your Head Coughing Sneezing Bearing Down

Musculoskeletal- Conditions & Symptoms		
<input type="checkbox"/> 1. Neck Pain	<input type="checkbox"/> 6. Numbness	<input type="checkbox"/> 11. Shooting/ Radiating
<input type="checkbox"/> 2. Back Pain	<input type="checkbox"/> 7. Tingling	<input type="checkbox"/> 12. Fractures
<input type="checkbox"/> 3. Muscle Pain/ Spasms	<input type="checkbox"/> 8. Headaches	<input type="checkbox"/> 13. Osteoporosis
<input type="checkbox"/> 4. Joint Pain	<input type="checkbox"/> 9. Prosthesis	<input type="checkbox"/> 14. Hernia
<input type="checkbox"/> 5. Arthritis; Choose Below:	<input type="checkbox"/> 10. Osteopenia	
<input type="checkbox"/> Rheumatoid		
<input type="checkbox"/> Osteoarthritis		

Doctor's Notes

Please mark on the picture below where your problem areas are:



Doctor's Notes

**Please answer the following to the best of your ability with the approximate date:
(If you have a list that you would like us to copy, please let the front desk know)**

Allergies:	Surgeries/ Fractures/Dislocations:	Medications:
Traumas (Physical or Emotional):	Nutritional Supplements/ Vitamins/ Minerals/ Herbs:	

Doctor's Notes

Your Habits & Addictions and How Much You Partake

[] 1. Alcohol-_____cans/day	[] 4. Soda-_____cans/day	[] 7. Food- Explain:
[] 2. Chemical Dependency	[] 5. Cigarettes-____packs/day	[] 8. Other- Explain:
[] 3. Coffee-_____cups/day	[] 6. Tea-_____glasses/day	

Doctor's Notes

Cravings

[] 1. Sugar	[] 4. Salt	[] 7. Carbohydrates
[] 2. Water	[] 5. Ice Cream	[] 8. Bitter Chocolate
[] 3. Protein	[] 6. Sweet/Milk Chocolate	[] 9. Other- Explain:

Doctor's Notes

Skin And Hair – Conditions & Symptoms

[] 1. Rashes	[] 6. Eczema	[] 11. Ulcerations
[] 2. Psoriasis	[] 7. Vitiligo	[] 12. Loss of Hair
[] 3. Dandruff	[] 8. Itching	[] 13. Brown Spots on Skin
[] 4. Change in hair texture	[] 9. Change in skin texture	[] 14. Other-Explain:
[] 5. Pimples	[] 10. Hives	

Doctor's Notes

Head, Eyes, Ears, Nose, And Throat – Conditions & Symptoms

[] 1. Dizziness	[] 13. Teeth Problems	[] 24. Eye Pain
[] 2. Eye Strain	[] 14. Gum Problems	[] 25. Cataracts
[] 3. Color Blindness	[] 15. Sores on Lips or Tongue	[] 26. Spots in Eyes
[] 4. Ringing in Ears	[] 16. Nose Bleeds	[] 27. Dry Mouth
[] 5. Blurry Vision	[] 17. Tonsillitis	[] 28. Night Blindness
[] 6. Glasses / Contacts	[] 18. Facial Pain	[] 29. Poor Vision
[] 7. Sinus Problems	[] 19. Dry Throat	[] 30. Headaches – Explain:
[] 8. Poor Hearing	[] 20. Tongue Coating/Cracking	
[] 9. Grinding Teeth	[] 21. Concussions	[] 31. Migraines- Explain:
[] 10. Earaches	[] 22. Bad Breath	
[] 11. Mucus Buildup/Drainage	[] 23. Clicking Jaw	[] 32. Other- Explain:

Doctor's Notes

Cardiovascular & Respiratory– Conditions & Symptoms

[] 1. High Blood Pressure	[] 11. Anemia	[] 21. Stroke
[] 2. Dizziness	[] 12. Low Blood Pressure	[] 22. Difficulty Breathing
[] 3. Blood Clots	[] 13. Fainting	[] 23. Bleeding Disorders
[] 4. Heart Disease	[] 14. Pacemakers	[] 24. Irregular Heartbeat
[] 5. Cough	[] 15. Pneumonia	[] 25. Coughing Blood
[] 6. Emphysema/ COPD	[] 16. Bronchitis	[] 26. Tight Chest
[] 7. Varicose Veins	[] 17. Cellulitis/Vasculitis	[] 27. Sleep Apnea
[] 8. Chest Pain	[] 18. Cold Hands/ Feet	[] 27. Other- Explain:
[] 9. Swelling in Hands/ Feet	[] 19. Asthma	
[] 10. Arterial Blockage	[] 20. Phlebitis	

Doctor's Notes

Gastrointestinal– Conditions & Symptoms

[] 1. Nausea / Vomiting	[] 7. Appendicitis	[] 13. Anorexia/ Bulimia
[] 2. Gas - Belching	[] 8. Crohn's Disease	[] 14. Bloating
[] 3. Gas – Lower Bowel	[] 9. Pain or Cramps	[] 15. Gluten Sensitivity
[] 4. Constipation	[] 10. Rectal Pain	[] 16. Ulcers / Ulcer. Colitis
[] 5. Diarrhea	[] 11. Bloody / Black Stool	[] 17. Gout
[] 6. Hemorrhoids	[] 12. Sensitive Abdomen	[] 18. Other- Explain:
19. Bowel Movements- Color:	Frequency:	Odor: Texture/ Form:

Doctor's Notes

Pregnancy & Gynecology– Conditions & Symptoms	
<input type="checkbox"/> 1. Vaginal Discharge	<input type="checkbox"/> 19. Infertility Issues – Please explain:
<input type="checkbox"/> 2. Currently Pregnant	
<input type="checkbox"/> 3. Irregular Menstruation	
<input type="checkbox"/> 4. PMS	
<input type="checkbox"/> 5. Breast Lumps	<input type="checkbox"/> 20. On Birth control Method(s):
<input type="checkbox"/> 6. Painful Periods	
<input type="checkbox"/> 7. Blood Clots	<input type="checkbox"/> 21. Age of First Period:
<input type="checkbox"/> 8. Currently Breastfeeding	<input type="checkbox"/> 22. # of Days Period Lasts:
<input type="checkbox"/> 9. Cysts/ Fibroids	<input type="checkbox"/> 23. # of Days Cycle Lasts:
<input type="checkbox"/> 10. Breast Pain with Period	<input type="checkbox"/> 24. Date of Last Period:
<input type="checkbox"/> 11. Vaginal Sores	<input type="checkbox"/> 25. Date Menopause began:
<input type="checkbox"/> 12. Premature Birth(s)	<input type="checkbox"/> 26. Date of Last Pap Smear: Results:
<input type="checkbox"/> 13. Vaginal/Yeast Infections	<input type="checkbox"/> 27. # of Pregnancies:
<input type="checkbox"/> 14. STDs	<input type="checkbox"/> 28. # of Miscarriage(s):
<input type="checkbox"/> 15. Endometriosis	<input type="checkbox"/> 29. # of Child Birth(s):
<input type="checkbox"/> 16. Headache with Period	<input type="checkbox"/> 30. C-Section(s) – Why?
<input type="checkbox"/> 17. Night Sweats	<input type="checkbox"/> 31. Other – Explain:
<input type="checkbox"/> 18. Hot flashes	

Doctor's Notes

Genito-Urinary– Conditions & Symptoms		
<input type="checkbox"/> 1. Pain/ Burning on Urination	<input type="checkbox"/> 6. Kidney Stones	<input type="checkbox"/> 11. Kidney Disease
<input type="checkbox"/> 2. Unable to Hold Urine	<input type="checkbox"/> 7. Bladder Infections	<input type="checkbox"/> 12. Prostate Problems
<input type="checkbox"/> 3. Wake up to Urinate	<input type="checkbox"/> 8. Impotency	<input type="checkbox"/> 13. Other – Explain:
<input type="checkbox"/> 4. Urgency to Urinate	<input type="checkbox"/> 9. Blood in Urine	
<input type="checkbox"/> 5. Frequent Urination	<input type="checkbox"/> 10. STDs	

Doctor's Notes

General / Endocrine – Conditions & Symptoms		
<input type="checkbox"/> 1. Scarlet Fever	<input type="checkbox"/> 14. Rheumatic Fever	<input type="checkbox"/> 27. Typhoid Fever
<input type="checkbox"/> 2. AIDS/HIV Positive	<input type="checkbox"/> 15. Measles/Mumps	<input type="checkbox"/> 28. Tumors/Growths
<input type="checkbox"/> 3. Diabetes/Insulin Resist.	<input type="checkbox"/> 16. Herpes	<input type="checkbox"/> 29. Hepatitis: Type:_____
<input type="checkbox"/> 4. Thyroid Problems/Disease	<input type="checkbox"/> 17. High Chol./Triglycerides	<input type="checkbox"/> 30. Poor Appetite
<input type="checkbox"/> 5. Insomnia	<input type="checkbox"/> 18. Cold Hands/Feet	<input type="checkbox"/> 31. Fevers
<input type="checkbox"/> 6. Chills	<input type="checkbox"/> 19. Localized Weakness	<input type="checkbox"/> 32. Poor Sleep
<input type="checkbox"/> 7. Cold Back/ Flanks	<input type="checkbox"/> 20. Night Sweats	<input type="checkbox"/> 33. Poor Coordination
<input type="checkbox"/> 8. Vertigo	<input type="checkbox"/> 21. Cold Abdomen	<input type="checkbox"/> 34. Tremors
<input type="checkbox"/> 9. Bleed or Bruise Easily	<input type="checkbox"/> 22. Change in Appetite	<input type="checkbox"/> 35. Fatigue
<input type="checkbox"/> 10. Sweat Easily	<input type="checkbox"/> 23. Cravings	<input type="checkbox"/> 36. Liver Disease
<input type="checkbox"/> 11. Polio	<input type="checkbox"/> 24. Strong Thirst	<input type="checkbox"/> 37. Difficulty Falling Asleep
<input type="checkbox"/> 12. Heavy Appetite	<input type="checkbox"/> 25. Hot Flashes	<input type="checkbox"/> 38. Difficulty Staying Asleep
<input type="checkbox"/> 13. Heavy Sleep	<input type="checkbox"/> 26. Chicken Pox	<input type="checkbox"/> 39. Other – Explain:

Doctor's Notes

Neurochopsychological– Conditions & Symptoms		
<input type="checkbox"/> 1. Seizures/ Epilepsy	<input type="checkbox"/> 7. Concussion	<input type="checkbox"/> 13. Suicidal Attempt(s)
<input type="checkbox"/> 2. Poor Memory	<input type="checkbox"/> 8. Mood Swings	<input type="checkbox"/> 14. Treated for Emotional Imbalance – Explain:
<input type="checkbox"/> 3. Bad Temper	<input type="checkbox"/> 9. Suicidal Thoughts	
<input type="checkbox"/> 4. Muscle Tremor/ Twitching	<input type="checkbox"/> 10. Anxiety	
<input type="checkbox"/> 5. Depression	<input type="checkbox"/> 11. Easily Stressed	<input type="checkbox"/> 15. Other - Explain:
<input type="checkbox"/> 6. Multiple Sclerosis	<input type="checkbox"/> 12. Parkinson's	

Doctor's Notes

*****As you will quickly learn, our practice has a premium focus on different aspects of alternative medicine and holistic healing. These include nutritional care and whole-food supplementation, acupuncture, chiropractic, and massage therapy. In the process of your initial history, consultation, exam, and/or future appointments the doctor may recommend any one (or a combination) of the following treatments and/or testing methods to properly evaluate and successfully treat your condition.*****

Please designate below which of the following treatments/testing options you are open to and willing to explore should the doctor(s) recommend them for you:			
<input type="checkbox"/> Chiropractic Care	<input type="checkbox"/> Hair Analysis	<input type="checkbox"/> Dietary Changes	<input type="checkbox"/> Massage Therapy
<input type="checkbox"/> Acupuncture	<input type="checkbox"/> Saliva Testing	<input type="checkbox"/> Nutritional Supplementation (Vitamins & Minerals)	
<input type="checkbox"/> SHAPE ReClaimed Homeopathic Program for weight loss, reducing inflammation, assisting in detoxification, endocrine (hormone) balancing.			
<input type="checkbox"/> I want the doctor to appropriately select what is necessary for my condition after my exam & consultation.			

Please understand that even though you may not choose a certain option, if the doctor finds a specific treatment/ testing option necessary based on your body's needs, he/she will discuss this with you in more detail. I understand this and agree that all information I have provided is true to the best of my knowledge.

Patient Name

Patient Signature

Date